

ABRAHAM'S

CAFÉ

WELCOME TO ABRAHAM'S CAFÉ

Soups & Broths

Our soups and broths are made on the premises using fresh ingredients. The soup is always gluten-free & vegetarian. Please see the blackboard for today's choice. Gluten-free bread is also available.

Homemade soup of the day Served with organic brown or white bread & butter or flora	£4.35
Hearty broth of the day Served with organic brown or white bread & butter or flora	£5.10

Hot Tasty Meals

All our meals are made to order and served with a generous mixed salad of: seasonal salad leaves, carrot with pumpkin seeds, cous-cous (mixed with sultanas, lime juice and Italian seasoning), tomato, cucumber, sweet peppers, mixed beans, orange and apple, with vinaigrette, mayonnaise and homemade apricot pickle

Cumberland rarebit Locally smoked cheese blended with mature Cheddar, mustard & dry white wine, grilled on two pieces of wholemeal bread. Served with Abraham's homemade apricot pickle & mixed salad	£6.95
Smoked chicken linguine Linguine tossed with olives, basil, sundried tomatoes, topped with Cumbrian smoked sliced chicken breast & Parmesan shavings, with mixed salad	£7.35
Cranston's Cumberland sausage A grilled Cumberland sausage link, served in organic white or wholemeal bun, with mixed salad Served as a breakfast option without salad 10am - 12noon only	£6.50 £4.25
Panini Grilled smoked bacon, Cumbrian smoked chicken and caramelized red onions, with mixed salad	£7.35
Tortilla wrap See blackboard for fillings. Served with mixed salad	£7.35

Baked Jacket Potatoes

Oven-baked jacket potatoes. See blackboard for special filling of the day

Cumbrian mature farmhouse Cheddar from the Lake District Cheese Company, with mixed salad	£6.25
Tuna fish with low-fat mayonnaise, with mixed salad	£6.25
Greenland prawns and Marie Rose sauce, with mixed salad	£6.95

Abraham's Salads

Our mixed salads are all served with organic white or wholemeal bread, our own homemade apricot pickle, vinaigrette, low-fat mayonnaise & Cumberland wholegrain mustard or Vulcan hot mustard. Check blackboard for daily specials.

Poached fillet of salmon salad Home poached, served with dill & lime crème fraîche	£7.35
Abraham's smoked fish pâté salad Made with fresh smoked Cumbrian trout & served with wholemeal toast & butter or flora	£7.00
Grilled Halloumi, sun-dried tomatoes, olives & pesto salad	£7.35
Smoked Cumbrian duck salad Sliced breast of Cumbrian duck, served with homemade cranberry & orange relish	£7.35

Open Sandwiches - more than just a sandwich!

Sandwiches are made to order using organic white or wholemeal bread and served with a generous mixed salad of: seasonal salad leaves, carrot with pumpkin seeds, cous-cous (mixed with sultanas, lime juice and Italian seasoning), tomato, cucumber, sweet peppers, mixed beans, orange and apple, with vinaigrette, mayonnaise and homemade apricot pickle

Lake District Cheese Company Cumbrian mature farmhouse Cheddar with Abraham's homemade apricot pickle	£5.95
Tuna with low-fat mayonnaise	£5.95
Abraham's roasted beef, served with creamed horseradish	£6.50
Abraham's roasted turkey breast, served with port jelly	£6.50
Abraham's honey-roasted ham	£6.50
Greenland prawns with Marie Rose sauce	£6.95

Scones & Teacakes

Abraham's delicious homemade scones Plain, wholemeal, fruit or today's special, warm with butter or flora and jam Add the luxury of whipped cream!	£2.00 £2.60
Toasted fruit teacake With butter or flora & jam or homemade marmalade	£2.00
Wholemeal toast Two slices, with butter or flora & jam or homemade marmalade	£1.95
Pot of Abraham's homemade Cumberland rum or cinnamon butter	70p

Cakes & Biscuits

We offer a large selection of cakes, tray bakes, pastries and biscuits, which are all baked on the premises. Tried and tested favourites include carrot cake, caramel shortbread, chocolate cake, bakewell tart. We also have gluten-free cakes. Assorted prices.

Puddings

Abraham's homemade bread & butter pudding Made with fresh homemade custard & organic white bread, served with cream, ice cream, low-fat yoghurt or custard	£4.10
Abraham's homemade sticky toffee pudding and toffee sauce With cream, ice cream, low-fat yoghurt or custard	£4.10
Abraham's homemade fruit crumble (see blackboard) With cream, ice cream, low-fat yoghurt or custard	£4.10
English Lakes vanilla ice cream With Abraham's homemade shortbread biscuits	£3.25
With Abraham's homemade shortbread biscuit & hot chocolate or toffee sauce, with chopped nuts	£3.75

Children's Menu

Soup or broth of the day Served with wholemeal bread	£3.00
Beans on wholemeal toast	£3.00
Jacket potato With Cheddar cheese, tuna or beans & salad garnish	£3.70
Sandwiches Cheese, tuna or ham, with crisps	£3.50
English Lakes vanilla ice cream	£2.00
Ice cream with hot chocolate sauce	£2.25

Hot Drinks

Filter coffee	£2.30
Decaffeinated coffee* Freshly ground coffee	£2.55
Cappuccino* Half strong freshly ground coffee, half frothed hot milk and chocolate powder	£2.55
Latte* A third freshly ground coffee, two thirds steamed hot milk	£2.55
Espresso* Single shot of freshly ground espresso Double shot	£2.35 £2.55
Americano* Freshly ground espresso shot, topped to taste	£2.35
Tea* Pot of Lakeland Blend with milk or lemon Also available: Earl Grey and an assortment of fruit teas	£2.30
Hot chocolate Topped with whipped cream and a chocolate flake	£2.50 £2.95
Horlicks	£2.50
Abraham's homemade hot mulled apple	£2.75

*Fairtrade available - please ask

Cold Drinks

Abraham's old-fashioned homemade lemonade	£2.75
Orange juice	£1.75
Pure pressed apple juice	£2.60
Fruit pressé Lightly sparkling elderflower, cranberry and orange or lemongrass and ginger	£2.60
Lakeland willow spring mineral water Still or sparkling	£1.90
Coca Cola / Diet Coca Cola / 7-Up	£1.60

Children's Drinks

Orange or apple juice	£1.50
Ribena	£1.50
Milk	£1.50

Mon - Fri 10am - 5pm • Sat 9.30am - 5pm • Sun 10.30am - 4.30pm