



MENU

OPENING TIMES

Mon - Fri 10am - 5pm

Sat 9.30am - 5pm

Sun 10.30am - 4.30pm

Soups & Broths



Our soups and broths are made on the premises using fresh ingredients. The soup is always gluten-free & vegetarian. Please see the blackboard for today's choice. Gluten-free bread is also available.

Homemade soup of the day

Served with organic brown or white bread & butter or flora £4.95

Hearty broth of the day

Served with organic brown or white bread & butter or flora £5.50

Hot Tasty Meals



All our meals are made to order and served with a generous mixed salad of: seasonal salad leaves, carrot with pumpkin seeds, cous-cous (mixed with sultanas, lime juice and Italian seasoning), tomato, cucumber, sweet peppers, mixed beans, orange and apple, with vinaigrette, mayonnaise and homemade apricot pickle

Cumberland rarebit

Locally smoked cheese blended with mature Cheddar, mustard & dry white wine, grilled on two pieces of wholemeal bread. Served with Abraham's homemade apricot pickle & mixed salad £8.25

Smoked chicken linguine

Linguine tossed with olives, basil, sundried tomatoes, topped with Cumbrian smoked sliced chicken breast & Parmesan shavings, with mixed salad £8.95

Cranston's Cumberland sausage

A grilled Cumberland sausage link, served in organic white or wholemeal bun, with mixed salad £7.00

Served as a breakfast option with homemade pickle, without salad £4.25
10am - 12noon only

Panini

Grilled smoked bacon, Cumbrian smoked chicken and caramelized red onions, with mixed salad £8.50

Tortilla wrap

See blackboard for fillings. Served with mixed salad £8.50

Baked Jacket Potatoes



Oven-baked jacket potatoes. See blackboard for special filling of the day

Cumbrian mature farmhouse Cheddar from the Lake District Cheese Company, with mixed salad £6.95

Tuna fish with low-fat mayonnaise, with mixed salad £6.95

Greenland prawns and Marie Rose sauce, with mixed salad £7.95

Abraham's Salads



Our mixed salads are all served with organic white or wholemeal bread, our own homemade apricot pickle, vinaigrette, low-fat mayonnaise & Cumberland wholegrain mustard or Vulcan hot mustard. Check blackboard for daily specials.

Poached fillet of salmon salad <i>Home poached, served with dill & lime crème fraîche</i>	£8.95
Abraham's smoked fish pâté salad <i>Made with fresh smoked Cumbrian trout & served with wholemeal toast & butter or flora</i>	£8.95
Grilled Halloumi, sun-dried tomatoes, olives & pesto salad	£8.95

Specials

See blackboard for daily specials

Open Sandwiches – more than just a sandwich!



Sandwiches are made to order using organic white or wholemeal bread and served with a generous mixed salad of: seasonal salad leaves, carrot with pumpkin seeds, cous-cous (mixed with sultanas, lime juice and Italian seasoning), tomato, cucumber, sweet peppers, mixed beans, orange and apple, with vinaigrette, mayonnaise and homemade apricot pickle

Lake District Cheese Company Cumbrian mature farmhouse Cheddar Abraham's homemade apricot pickle	£6.95
Tuna with low-fat mayonnaise	£6.95
Abraham's roasted beef, served with creamed horseradish	£7.50
Abraham's roasted turkey breast, served with port jelly	£7.50
Abraham's honey-roasted ham	£7.50
Greenland prawns with Marie Rose sauce	£7.95

Scones & Teacakes



Abraham's delicious homemade scones <i>Plain, fruit brown or today's special, warm with butter or flora and jam</i>	£2.00
<i>Add the luxury of whipped cream!</i>	£2.60
Toasted fruit teacake <i>With butter or flora & jam or homemade marmalade</i>	£2.00
Wholemeal toast <i>Two slices, with butter or flora & jam or homemade marmalade</i>	£2.00
Pot of Abraham's homemade Cumberland rum or cinnamon butter	70p

Cakes & Biscuits



We offer a large selection of cakes, tray bakes, pastries and biscuits, which are all baked on the premises. Tried and tested favourites include carrot cake, caramel shortbread, chocolate cake, bakewell tart. We also have gluten-free cakes. Assorted prices

Puddings



Abraham's homemade bread & butter pudding <i>Made with fresh homemade custard & organic white bread, served with cream, ice cream, low-fat yoghurt or custard</i>	£4.95
Abraham's homemade sticky toffee pudding and toffee sauce <i>With cream, ice cream, low-fat yoghurt or custard</i>	£4.95
Abraham's homemade fruit crumble (see blackboard) <i>With cream, ice cream, low-fat yoghurt or custard</i>	£4.95
English Lakes vanilla ice cream <i>With Abraham's homemade shortbread biscuits</i>	£3.50
<i>With Abraham's homemade shortbread biscuit & hot chocolate or toffee sauce, with chopped nuts</i>	£3.95



Hot Drinks



Filter coffee	£2.30
Decaffeinated coffee* <i>Freshly ground coffee</i>	£2.55
Cappuccino* <i>Half strong freshly ground coffee, half frothed hot milk and chocolate powder</i>	£2.55
Latte* <i>A third freshly ground coffee, two thirds steamed hot milk</i>	£2.55
Espresso* <i>Single shot of freshly ground espresso</i>	£2.35
<i>Double shot</i>	£2.55
Americano* <i>Freshly ground espresso shot, topped to taste</i>	£2.35
Tea* <i>Pot of Lakeland Blend with milk or lemon</i>	£2.30
<i>Also available: Earl Grey and an assortment of fruit teas</i>	
Hot chocolate	£2.50
<i>Topped with whipped cream and a chocolate flake</i>	£2.95
Horlicks	£2.50
Abraham's homemade hot mulled apple	£2.75

*Fairtrade available - please ask

Cold Drinks



Abraham's old-fashioned homemade lemonade	£2.75
Orange juice	£1.75
Pure pressed apple juice	£2.60
Fruit pressé <i>Lightly sparkling elderflower, cranberry and orange or lemongrass and ginger</i>	£2.60
Lakeland willow spring mineral water <i>Still or sparkling</i>	£1.90
Coca Cola / Diet Coca Cola / 7-Up	£1.60

Children's Menu



Soup or broth of the day <i>Served with wholemeal bread</i>	£3.95
Beans on wholemeal toast	£3.00
Jacket potato <i>With Cheddar cheese, tuna or beans & salad garnish</i>	£3.70
Sandwiches <i>Cheese, tuna or ham, with crisps</i>	£3.50
English Lakes vanilla ice cream	£2.00
Ice cream with hot chocolate sauce	£2.25

Children's Drinks



Orange or apple juice	£1.50
Ribena	£1.50
Milk	£1.50

ABRAHAM'S CAFE RECIPE BOOK

On sale now at George Fisher!

Featuring a selection of Abraham's
Cafe favourites including:

Chicken Broth	Date & Treacle Scones
Cumberland Rabbit	Fellwalkers Slice



A Brief History of Abraham's and George Fisher



Abraham's Photographic Shop

From 1887 to 1967 this building housed the photographic firm founded in 1869 by George Perry Abraham J.P., F.R.P.S., and continued by two of his sons George Dixon and Ashley Perry who were internationally known as mountain and landscape photographers and pioneer rock climbers.

These celebrated 'Keswick brothers' made many first ascents at home and abroad and popularised the sport by their illustrated books and lectures.

In 1907 Ashley was elected the first president of the 'Fell and Rock Climbing Club' and George was made an honorary member.



Keswick Mountain Rescue 1947 © Richard Fisher

In 1957, whilst working as a senior instructor at the Ullswater Outward Bound School, George Fisher opened a small shop at 17 Lake Road, Keswick. Subsequently he took over these premises in 1967 upon the retirement of Geoffrey Abraham, the grandson of George Abraham, the photographer.

In 1947 the Keswick Mountain Rescue Team was formed, and over the years George as Team Leader was involved in hundreds of rescues. In 1980 he was honoured with an M.B.E. for services to mountain rescue. Prior to 1947, rescues were undertaken

by the police, not all of who had the necessary experience or equipment to do the job.

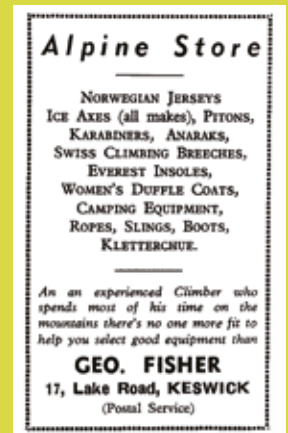
George always felt most strongly that everybody who ventured out onto the fells should be properly equipped, especially in respect of footwear, yet he recognised the financial implications of equipping children with growing feet and once-a-year users. Consequently he set up the George Fisher Hire Service and to this day it is one of the busiest departments in the store.

After George's retirement in 1989, the entire building was refurbished



George Fisher and HRH Prince Philip

and extended, and it became one of the largest independent stores in the outdoor trade, and by building on George's passion we have been acclaimed as one of the best in the world.



George Fisher advert c1960



Services at George Fisher

BOOT FITTING SERVICE

Our staff have been fitting boots, shoes & sandals for decades and are expertly trained to fit footwear to fit your feet.

Plus with our **Correct Fit Guarantee** we are confident that given the time, we can work with you to find your perfect boot. Guaranteed!

HIRE BOOTS, CHILD CARRIERS AND TREKKING POLES

Visiting the Lake District and want to get out of the fells but don't have the gear? Then use our boot hire (available from child size 26 to adult size 50), then pick up a pair of trekking poles and take the little ones along in a child carrier.

JUNIOR BOOT EXCHANGE

Children's boots bought new from us are eligible for up to 50% back against the next purchase of a pair of child's boots.

CUSTOM FOOTBEDS

Do your feet hurt? Problematic feet? We can make custom footbeds instore to help you on your way.

ANDREW STANLEY PODIATRY CLINICS

Held twice a month - for those of us who have lower limb/foot problems. Anything we can't solve, Andrew can.

NAVIGATION CENTRE

For all things GPS, digital mapping & navigation, find us at Grid Reference NY2668023250.

WATERPROOF TESTING CENTRE

Is your waterproof waterproof? Not sure? Bring it in to us and we can test it out here and now and recommend how you can restore its waterproofness.

REPROOFING SERVICE

Let us do the hard work - we offer a full reproofing service, wash, reproof & tumbledry of your outdoor clothing.

SKI SERVICING

Whether it's a full service, edge & wax, base repair, we can get you on the piste. Available during winter months.

GIFT VOUCHERS

For the person who has everything - just about! £10, £20, £50 & £100

ENVIRONMENTALLY RESPONSIBLE

As a company we endeavour to be environmentally aware and take action to make every effort to reduce our carbon footprint.

PLUS WHAT MAKES GEORGE FISHER TRULY SPECIAL...

OUR EXCELLENT AFTER SALES CARE

Buying the product from us is only half of it. We appreciate the importance of continuing the service, should you have questions or queries - contact us.

AND OUR EXTRAORDINARY WEALTH OF STAFF KNOWLEDGE

Between all of us, we have over 250 years of knowledge & experience in outdoor retail. Check us out!





ABRAHAM'S CAFE AT GEORGE FISHER

2 Borrowdale Road, Keswick, Cumbria CA12 5DA

Tel: 017687 72178

www.georgefisher.co.uk